AESTHETIC Medicine

BOTOX

- History, Purpose, and Benefits.
- Facial Anatomy and Muscles.
- Patient selection and Assessment.
- Different Types of Wrinkles.
- Dilution methods.
- Botox Injection and dosage Techniques:
- Training on the upper and lower face.
- On-label treatments.
- Eyebrow lift.
- Gummy smile.
- Crow's feet.
- Forehead lines.
- Glabellar lines.
- The Nefertiti neck lift.
- Off-label treatments:
- Contraindications & their treatment.
- Demonstrations & workshop sessions.

Fillers

- Different Types of Dermal Fillers.
- Facial Anatomy and Aging.
- Selection of Filler.
- Selection of Patients.
- Dangerous zones of the face.
- Injection techniques:
- Nasolabial Folds.
- · Marionette Lines.
- · Cheek's augmentation.
- · Chin augmentation.
- · Lips augmentation.
- Texas Augmentation.
- Treatment of complications with Hylase.
- Demonstrations & workshop sessions.

Basics of Threads

- Introduction to Thread Lift.
- Facial Anatomy and Aging.
- Types of Threads.
- Indication of threads.
- Patient Assessment and Consultation.
- Threads injection techniques.
- Threads complication & their management.
- Demonstrations & workshop sessions.
- Mono PDO threads

Cosmetic Platelet-Rich Plasma (PRP)

- Skin and Hair anatomy.
- Introduction to PRP.
- PRP Extraction, Preparation & injection Techniques.
- Hair PRP.
- Face PRP.
- Hand Rejuvenation.
- Lip Rejuvenation.
- Demonstrations & workshop session.

Mesotherapy

- Introduction to Mesotherapy.
- Mesotherapy Mechanisms of Action.
- Patient Assessment.
- Mesotherapy Injection Methods and Protocols.
- Mesotherapy for Hair Restoration: Alopecia.
- Mesotherapy for Skin Rejuvenation.
- Mesolipolysis: double Chin abdomen and arm.
- Micro needling.
- Demonstrations & workshop sessions.

Peeling

- Introduction.
- Skin types and analysis.
- Different types of chemical peels.
- Cold Peeling.
- Indications of peeling.
- Skin preparation for peeling.
- Applying methods.
- Tips for before, during and after treatment.
- Complications & their Management.
- Demonstrations & workshop sessions.

LASER, Energy-Based Devices

- Introduction to Energy-Based Devices.
- Types of Energy-Based Devices.
- Laser physics and settings.
- Laser safety Protocols.
- Laser Tattoo Removal.
- Laser Hair Reduction. Skin Reiuvenation.
- Skin Tightening.
- Telangiectasia reduction.
- Complication & their management.
- Demonstrations & workshop sessions.













